

Breakaway (Pop Waltz)

Artist: Kelly Clarkson **Album:** Breakaway **(Time:** 3:04)

Level: Basic WALTZ CLOG **Speed:** Waltz $\frac{3}{4}$ timing

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Sequence: Intro – A – A – BR – $\frac{1}{2}$ Intro – A – BR – B – C – B – Ending

Wait: none, starts immediately with step waltzes **LEFT FOOT** lead

Cues

Intro (8 sets of 6 beats)

16 Step Waltzes

Part A (8 sets of 6 beats)

2 Waltz Clogs

2 Step Skuff Hop

2 Waltz Clogs

Step Skuff 'n' Touch

2 Waltz Clogs

2 Step Skuff Hop

2 Waltz Clog

Triplet and pause 3

Repeat Part A

BREAK (3 sets of 6 beats)

2 Waltz Clogs

4 Step Double Doubles

Part B (16 sets of 6 beats)

Spread Wings S BB S, S BB S

Learn to Fly S BR S, S BR S 360

2 Lindsay's

Step Skuff Hop Step and Reach to the sky (2nd rep cover heart)

Step Double Jump Touch in front

Step Double Jump Touch in back

Step Double Jump Touch in front

Pause 3

2 Yo Sailor (S Scoot Scoot)

Fastball and Step and Pause 2

Repeat all Part B listed above

$\frac{1}{2}$ Intro

8 Step Waltzes

Repeat Part A

Repeat BREAK

Repeat Part B

Part C (8 sets of 6 beats)

Chasin' the Heel

Step Kick n' Turn

Chasin the Heel

Step Kick n' Turn

2 Canadian Train

2 Yo Sailor (S Scoot Scoot)

Fastball and Step and Pause 2

Repeat Part B

Ending

2 { 2 Yo Sailors and
Fastball Step and Pause }

Step Breakdown

2 Step Waltz

| | | | | | |
|----|-------|---|----|-------|---|
| | (xib) | | | (xib) | |
| BA | R | S | BA | R | S |
| L | R | L | R | L | R |
| 1 | 2 | 3 | 4 | 5 | 6 |

2 Waltz Clogs (Step shuffle ball change) Lindsay

| | | | | | | | | | |
|----|----|----|----|----|----|-------|----|----|-------|
| | | | | | | (xif) | | | (xif) |
| BA | DT | RS | BA | DT | RS | BA | DT | BA | DT |
| L | R | RL | R | L | LR | L | R | R | LR |
| 1 | a2 | a3 | 4 | a5 | a6 | 1 | a2 | a3 | 4 |

Step Skuff Hop

| | | |
|---|----|-----|
| S | SK | Hop |
| L | R | L |
| 1 | 2 | 3 |

Step Skuff 'n' Touch

| | | | | | |
|---|----|-----|------|----|-------|
| S | SK | Hop | H(w) | SN | (xif) |
| L | R | L | R | R | TTch |
| 1 | 2 | 3 | 4 | 5 | 6 |

Triplet (need to listen for timing)

| | | | | | | |
|---|----|---|----|---|----|---|
| S | DB | S | DB | S | DB | S |
| L | R | R | L | L | R | R |

Step Double Doubles

| | | | | | |
|----|------|-------|----|------|-------|
| | (if) | (ots) | | (if) | (ots) |
| BA | DT | DT | BA | DT | DT |
| L | R | R | R | L | L |
| 1 | a2 | a3 | 4 | a5 | a6 |

Step Double Jump Touch (like a Sonic sorta – in back like a Maxi Ford)

| | | | | | | |
|----|----|---|-----|----|----|--------------------------------|
| | | | | | | (if) (or in back if indicated) |
| BA | DT | S | Tch | BA | DT | S |
| L | R | R | L | L | R | R |
| 1 | a2 | a | 3 | 4 | a5 | a |

Fast Ball Pause 2

| | | | | | | |
|---|----|---|---|---|---|---|
| S | DT | R | S | S | p | p |
| L | R | R | L | R | | |
| 1 | a2 | a | 3 | 4 | 5 | 6 |

Chasin' the Heel (twist for the second one)

| | | | | | |
|---|------|---|---|------|---|
| S | H(w) | S | S | H(w) | S |
| L | R | L | R | L | R |
| 1 | 2 | 3 | 4 | 5 | 6 |

Step Kick Turn Step 'n' Kick

| | | | | | |
|---|----|------|-------------------------------------|---|----|
| | | | (turn $\frac{1}{2}$ L) to face back | | |
| S | KK | Hclk | | S | KK |
| L | R | L | | R | L |
| 1 | 2 | 3 | | 4 | 5 |

Canadian Train

| | | | | | | | |
|---|----|-----|----|---|----|-----|----|
| S | DB | Hop | RS | S | DB | Hop | RS |
| L | R | L | RL | R | L | R | RL |
| 1 | a2 | a | 3a | 4 | a5 | a | 6a |

Abbreviations

(p) – Pause
BA – step with weight on ball of foot
BB – Back Brush
BR – Brush
BS – Brush Step (falap in tap)
DR – Drag
DS – Double Step
DT – Double Toe
Flap – Backwards brush
H(w) – Heel with weight
Hclk – Heel Click
Hop – stay on same foot
Jump – switch feet
KK – Kick
R – Rock
RS – Rock Step
S – Step
SK – Skuff with heel
SL – Slide
SLR – Slur
SN – snap toe down
Tch – touch ball of foot
TTch – tip of toe touch

Bonus Info on Traditional Waltz Clog

This section is what a traditional waltz clog (valse clog) should be. Any traditional blue grass waltz song in $\frac{3}{4}$ time will work

Usually follows an ABABABBC pattern throughout a whole song but not always.

Each section in a traditional Waltz Clog will repeat, then break then another section begins following the same pattern with the same break.

First Variation

A
2 Waltz Clogs

B
2 Step Skuff Hops

Repeat A B 2 more times (following the AB Pattern above)

C - Break
Fastball Pause

Second Variation

A
2 Waltz Clogs

B
2 Step Stamp Stamp (stamp = no weight transfer, flat footed touch)

Repeat A B 2 more times (following the AB Pattern above)

Repeat B

C - Break
Fastball Pause

Third Variation

A
2 Waltz Clogs

B
Step Stamp Stamp Jump Double Hop Toe

Repeat A B 2 more times (following the AB Pattern above)

Repeat B

C - Break
Fastball Pause

A whole Waltz Clog should progressively progress in difficulty.

Excellent demonstration of Traditional Waltz Clog
<https://www.youtube.com/watch?v=OcAX276rX58>

Can also be done with a jump rope – check out
<http://www.youtube.com/watch?v=pR1zqKoO4CE> for a wonderful example