

Dance Above The Rainbow

Artist: Ronan Hardiman

Album: Feet of Flames

Time: 3:01

Level: Intermediate

Wait 16 counts

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Sequence: A-B-A-C-D-C-E-F-G-F

Part A

Rooster run DS-DS(xif)-Ball-Ball(xib)-Ball-Ball(xif)
move left L R L R L R

Double front DS-DS-Db1 Ball-Ball-Db1 Ball-Ball
L R L L R L L R
&1 &2 & a 3 & a 4

Rooster run DS-DS(xif)-Ball-Ball(xib)-Ball-Ball(xif)
Move left L R L R L R

Walk The Dog Turn DS-DS-Heel-Heel-RS
Turn 1/2 Left on Heels L R L R LR

Repeat steps to face front

Part B

3 Stamp stomps Stamp-stomp-DS-DS-RS
L L R L RL

Triple DS-DS-DS-RS
Turn 1/2 Right R L R LR

Repeat steps to face front

Part C

Heel Toe Combo DS-Heel(front)-Toe(Back)-Heel(Front)
L R R R

2 Basics DS-RS-DS-RS
Turn 3/4 Right R LR L RL

Repeat steps 3 more times to face each wall

Part D

3 Pulls & Basic Pull(L)-step-rock-pull(R)-step-rock-pull(L)-step-DS-RS
turn 1/4 left on basic L R L R L R L R L RL

Repeat 3 more time to face each wall changing footwork
Make sure you turn 1/4 left on basic on right or left foot

Part E

3 doubles & Clap DS-DS-DS-Clap
move Left L R L

Triple DS-DS-DS-RS
Turn 3/4 Right R L R LR

Repeat 3 more times to each wall

Part F

3 Twists Dbl-Twist(L)-Heel-Lift-DS-DS
move left L Both L L L R

Mtn. Goat Dbl-ball(xif)-ball-ball-ball-ball(xib)-Chug/slide
turn 1/2 Left L L R L R L R L R

Repeat steps to face front

Part G

3 Bounces Dbl(xib)-bounce-bounce-Lift-DS-DS
L Both Both R R L

Triple DS-DS-DS-RS
Turn 1/2 right R L R LR

Repeat steps to face front