

# FAT MOUNTAIN

**MUSIC:** Russ Barenberg CD "When At Last" Track 2

**CHOREO:** Shirley Smith Stompin' Cowboys Dance Club Victoria Australia

**LEVEL:** Intermediate

March 2009

**SEQUENCE:** A B A C D E A B E C A C

**INTRO:** Wait 8 counts Left foot lead

---

## COUNTS CUE

### PART A

8 Fancy Pump  
8 Swayback 1/2 R  
**16 Repeat to front**

### PART B

2 Hit Step  
2 Slur Step  
2 Hit Step  
2 Slur Step  
8 MJ Twist 1/2 L  
**16 Repeat to front**

### PART A

8 Fancy Pump  
8 Swayback 1/2 R  
**16 Repeat to front**

### PART C

8 Double Spider Double fwd  
8 High Toe Heel Brush bk  
16 2 Cabbage Stomp R & L

### PART D

8 Clogover Brush  
4 Pivot Chain 1/2 L  
4 Chain  
**16 Repeat to front**

### PART E

8 Hippy Step  
4 Only Wanna Be 1/2 L  
4 Nylinda  
**16 Repeat to front**

### PART A

8 Fancy Pump  
8 Swayback 1/2 R  
**16 Repeat to front**

### PART B

2 Hit Step  
2 Slur Step  
2 Hit Step  
2 Slur Step  
8 MJ Twist 1/2 L  
**16 Repeat to front**

## COUNTS CUE

### PART E

8 Hippy Step  
4 Only Wanna Be 1/2 L  
4 Nylinda  
**16 Repeat to front**

### PART C

8 Double Spider Double fwd  
8 High Toe Heel Brush bk  
16 2 Cabbage Stomps R & L

### PART A

8 Fancy Pump  
8 Swayback 1/2 R  
**16 Repeat to front**

### PART C

8 Double Spider Double fwd  
8 High Toe Heel Brush bk  
16 2 Cabbage Stomps R & L



APPROVED

9 NOV 2009

Step descriptions for: **FAT MOUNTAIN**

**FANCY PUMP**

			(xif)		(xif)		(ots)		(bk)			
DS	DR/K	SL	TCH	H	TCH	H	TCH	H	TCH	H	DS	RS
L	L/R	L	R	L	R	L	R	L	R	L	R	LR
&a1	&	2	&	3	&	4	&	5	&	6	&a7	&8

**HIT STEP**

	(xif)
DS	TCHH-S
L	R
&a1	& 2

**SWAYBACK**

	(xif)		(x)		(bk)	(1/2R)			
DS	DT	SL	DT	SL	T-H	RS	DS	DS	RS
L	R	L	R	L	R	LR	L	R	LR
&a1	&a	2	&a	3	& 4	&5	&a6	&a7	&8

**SLUR STEP**

	(xib)
DS	SLR-S
L	R
&a1	& 2

**MJ TWIST**

	(xib)		(ots)		(bk)				(H's L)	(H's R)	
DS	DS	RK	S	(P)	S	RS	DS	DT	TW/TW	TW/TW	UP/SL
L	R	L	R		L	RL	R	L	L/R	L/R	L/R
&a1	&a2	&	3	&	4	&5	&a6	&a	7	&	8

**DOUBLE SPIDER DOUBLE**

			(xif)		(bk)				(xif)		(bk)		
DS	SK	HOP	TCHH-S	TT	SL	SK	HOP	TCHH-S	TT	SL	DS		
L	R	L	R	L	R	L	R	L	R	L	R		
&a1	&	2	&	3	&	4	&	5	&	6	&	7	&a8

**HIGH TOE HEEL BRUSH**

	(xif)		(x)						(f)	
DS	DT	SL	DT	SL	T-H	T-H	T-H	RS	BR	SL
L	R	L	R	L	R	L	R	LR	L	R
&a1	&a	2	&a	3	& 4	& 5	& 6	&7	&	8

**CABBAGE STOMP**

		(fwd)	(ots)	(bk)	(bs)	(fwd)	(ots)	(bk)	(bs)		
DS	DS	STO	STO	RK	S	STO	STO	RK	S	DS	RS
L	R	L	R	L	R	L	R	L	R	L	RL
&a1	&a2	&	3	&	4	&	5	&	6	&a7	&8

**PIVOT CHAIN**

DS	[RS	RS	RS](1/2L)
L	RL	RL	RL
&a1	&2	&3	&4

**CLOGOVER BRUSH**

(ots)	(xif)	(ots)	(xib)	(ots)	(xif)		(f)	
DS	DS	DS	DS	DS	DS	RS	BR	SL
L	R	L	R	L	R	LR	L	R
&a1	&a2	&a3	&a4	&a5	&a6	&7	&	8

**CHAIN**

(ots)	(ots)	(ots)	(ots)			
DS	RK	S	RK	S	RK	S
R	L	R	L	R	L	R
&a1	&	2	&	3	&	4

**HIPPITY STEP**

	(xif)	(xib)								
DS	(P)	HOP	RK	S	(P)	HOP	RS	DS	DS	
L		L	R	L		L	RL	R	L	
&a1	&	2	&	3	&	4	&5	&a6	&a7	&a8

**ONLY WANNA BE**

		(ots)	(ots)	(xib)	
DS	DT	SL	BA	BA	BA
L	R	L	R	L	R
&a1	&a	2	&	3	&

**NYLINDA**

	(ots)				
DT	BA/HD	(P)	BA	BA	BA
L	L/R		R	L	R
&a	1	2	&	3	&