

# How Do I Wrap My Heart Up for Christmas

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Level: Beginner  
Country, Slow Tempo (2:47)

Sequence: A – B – A – Bridge – B – A – A\*

Wait 32 beats. Start on left foot.

## **Part A:** (32 beats)

(8) 2 Outhouses            DS Tch(ots) H Tch(xif) H Tch(ots) H DS Tch(ots) H Tch(xif) H Tch(ots) H  
L R L R L R L R L R L R L R  
&1 & 2 & 3 & 4 &5 & 6 & 7 & 8

----- ¼ L -----        ----- ¼ L -----  
(8) 2 Triples (¼ L each)    DS DS DS RS DS DS DS RS  
L R L RL R L R LR  
&1 &2 &3 &4 &5 &6 &7 &8

**Repeat 2 Outhouses and 2 Triples (¼ L each), same footwork, to face front.**

## **Part B:** (34 beats)

(8) Clogover Vine            DS DS(xif) DS(ots) DS(xib) DS(ots) DS(xif) DS(ots) RS  
L R L R L R L R L RL  
&1 &2 &3 &4 &5 &6 &7 &8

(8) 2 Charlestons            DS Tch(if) H Ba(bs) H Tch(ib) H DS Tch(if) H Ba(bs) H Tch(ib) H  
R L R L L R L R L R L L R L  
&1 & 2 & 3 & 4 &5 & 6 & 7 & 8

(2) 2 Double Steps            DS DS  
R L  
&1 &2

**Repeat Clogover Vine and 2 Charlestons, opposite footwork, leaving off the 2 Double Steps.**

## **Bridge:** (16 beats)

----- fwd -----        ----- bkwd -----  
(4) Triple Kick Forward    DS DS DS Br H DS DS DS RS  
(4) Triple Back            L R L R L R L R LR  
&1 &2 &3 & 4 &5 &6 &7 &8

----- ½ L -----        ----- ½ R -----  
(8) 2 Turning Chains        DS RS RS RS DS RS RS RS  
(½ each)                    L RL RL RL R LR LR LR  
&1 &2 &3 &4 &5 &6 &7 &8

## **Part A\*:** (16 beats)

**Do 2 Outhouses and 2 Triples once only, but don't turn on the 2 Triples, end facing front.**

Abbreviations:    DS – Double Toe Step  
Tch – Touch  
H – Heel  
RS – Rock Step  
Ba – Ball  
Br – Brush

ots – out to side  
xif – across in front  
xib – across in back  
if – in front  
bs – beside  
ib – in back  
fwd – forward  
bkwd – backward